The Role of the Teacher in Creating Autonomous Learners

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Definition

/hat is Learner Autonomy?

arner autonomy is described by Holec (1981) as the capacity to take controler one's own learning

ow is it cultivated?

ost experts agree that autonomy is not taught or learned, but "it is fostered ough initiatives designed to stimulate autonomy among learners" enson, 2011)

tonomy is a capacity that has to be learned.

The road to autonomy is a process.



What does it involve for Teachers

Accepting the rationale for promoting Autonomy

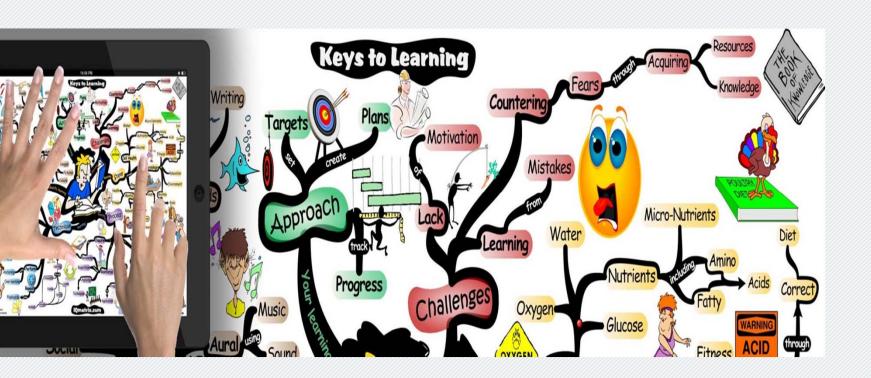
Support and training from the organization is helpful for the teachers to change their beliefs (Deci & Ryan, 1991; & Ryan & Poewelson, 1991)

Cultivating the seed of Autonomy by gradual build up and constant follow up

Remember:

Students can't change fixed abilities, but they can change learning habits and behaviors like effort and persistence. (Barbara McCombs, University of Denver)

Directing Attention





What doe it involve for Students

lotivation

uriosity

ense of responsibility

eeling of being in charge

/illingness to plan their own learning

bility to monitor their own progress

esire to evaluate their progress



How to keep student's motivation alive?

Know the student's learning style

Design activities that best matches their learning style

Apply Differentiated Learning practices

Reward success to promote self-reward

Encouragement not punishment



How to Keep Student's Curiosity alive

Provide activities that:
provides choices
Inquiry-based instructions
Topics of interest



How to promote sense of Responsibility

Encourage Learning-Community practices

Provide Task-Based instruction that promotes higher-level thinking

Design real-life activities that require Critical thinking



How to encourage taking control of Learning

Activities that require collaboration with teacher and peers

Conduct student centered classes

Encourage the note-taking habit, journal writing, and self-reflection



How to promote self-monitoring

Giving feedback

Require weekly or bi-weekly meetings to guide the self-monitoring process.

Developing autonomy requires conscious awareness of the learning process — i.e. conscious reflection and decision-making (Sinclair, 2000)

-Self-reflection is the key



How to increase Student ability to plan

Implement Open Architecture Curriculum
Offer Task-Based Instructions
Assign guided search for related material
Be flexible to students need for the their topic of choice

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