Incorporating Spacing Effect to Enhance Autonomy and Retention
You lose 80% of all that you study when you cram.

Qpractice.com
Korean language courses

- ILR level 2 and above
- 64% at or above level 2
- 35% at or above level 3
- project based, CBI, open architecture, traditional
- 40 - 240 hrs
- Over 30 classes (4 skill, Literature, Grammar, Translation, Transcription, Colloquial)
This 6-week course is comprised of platform instruction, reading and listening comprehension activities, translation, summarization, gisting, and discussion using authentic target language audio, video and text materials.

## Course Outline

Every week, students will study reading and listening passages related to the theme of the week:

- **Week 1** Theme: Geography & Environment / Culture & Society
- **Week 2** Theme: Culture & Society / Science & Technology / Economy & Politics
- **Week 3** Theme: Culture & Society / Economy & Politics
- **Week 4** Theme: Culture & Society / Geography & Environment / Economy & Politics
- **Week 5** Theme: Culture & Society / Science & Technology / Military & Security
- **Week 6** Theme: Military & Security / Culture & Society

The activities of each day may change due to homework assignments, student presentations, reviews, activities, quizzes, and exams. However, a typical class day might include the following:

### Daily Schedule Snapshot:

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00-08:50</td>
<td>Homework Discussion</td>
</tr>
<tr>
<td>09:00-09:45</td>
<td>Core: Listening &amp; Reading Lesson</td>
</tr>
<tr>
<td>10:00-10:50</td>
<td>Core: Listening &amp; Reading Lesson</td>
</tr>
<tr>
<td>11:00-11:50</td>
<td>Core: Grammar &amp; Colloquial Expression/Presentation/Test</td>
</tr>
<tr>
<td>12:00-13:00</td>
<td>Lunch</td>
</tr>
<tr>
<td>13:00-15:50</td>
<td>Online Learning via eCampus</td>
</tr>
</tbody>
</table>
What is Spacing Effect?
Spacing Effect - Distributed Practice

“Effects of the gap between exposures on later memory” - (Spacing Effects in Learning, 1095)

http://slideplayer.com/slide/5006827/16/images/25/The+Spacing+Effect+Massed+practice:+many+trials+with+the+same+stimulus+are+undertaken+without+interruption..jpg

http://slideplayer.com/slide/5006827/16/images/43/Ebbinghaus%E2%80%99s+Forgetting+Function.jpg

In simple terms - “Do not cram if you want your learning to last!”
below level 2
36% Why?

• Motivation
• Interest
• Time
• Work/Mission
• Course
• Instructors
KORN2090 changes

Course Outline:

Every week, students will study reading and listening passages related to the theme of the week:

Week 1  Theme: Geography & Environment / Culture & Society
Week 2  Theme: Culture & Society / Science & Technology
Week 3  Theme: Economy & Politics / Military & Security
Week 4  Theme: Culture & Society
Week 5  Theme: Economy & Politics / Science & Technology
Week 6  Theme: Military & Security / Health

Daily Class Structure:

12:00-13:00  Homework Discussion
13:00-13:45  Core: Listening & Reading Lesson
14:00-14:50  Core: Listening & Reading Lesson
15:00-15:50  Core: Listening & Reading Lesson

Course Materials:

Throughout the course, students will study authentic reading and listening passages selected from the following online sources:

Changes: 6 weeks, 4 hour/day platform and 4 hours online to 15 weeks twice a week.

Every week, students will study reading and listening passages related to the theme of the week:

Week 1  Theme: Geography & Environment
Week 2  Theme: Culture & Society
Week 3  Theme: Science & Technology
Week 4  Theme: Economy & Politics
Week 5  Theme: Culture & Society
Week 6  Theme: Economy & Politics
Week 7  Presentations/Midterms
Week 8  Theme: Culture & Society
Week 9  Theme: Science & Technology
Week 10  Theme: Economy & Politics
Week 11  Theme: Military & Security
Week 12  Theme: Culture & Society
Week 13  Theme: Economy & Politics
Week 14  Theme: Science & Technology
Week 15  Presentations/Final

Daily Class Structure:

08:00-10:00  Independent Studies/Review
10:00-10:50  Homework Discussion
11:00-11:50  Core: Listening & Reading Lesson
12:00-13:00  Lunch
13:00-13:50  Core: Listening & Reading Lesson
14:00-14:50  Core: Listening & Reading Lesson
Why

• Many students stagnate at level 2
• Balance between mission and school
• Enhances memory and learning of new concepts
• Give time to absorb and review learned material
• Avoid massed distribution (cramming for DLPT)
• Avoid information overload and burnout
## Challenges to overcome

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Resources</th>
<th>Mindset</th>
</tr>
</thead>
<tbody>
<tr>
<td>SLTE requirement</td>
<td>Classrooms</td>
<td>DLPT prep</td>
</tr>
<tr>
<td>150 hours consecutive</td>
<td>Instructors</td>
<td>No need for speaking or writing</td>
</tr>
<tr>
<td>Difficult to divide learning</td>
<td></td>
<td>Cramming</td>
</tr>
</tbody>
</table>

*We don’t grow when things are easy, we grow when we face challenges*
For More information on Spacing Effect


Questions?